

Educational Resources for Prenatal Care Coordinators

[IPN Prenatal Care Coordination Webpage](#)

Breastfeeding

- [Indiana Perinatal Network](#)
- [The Academy of Breastfeeding Medicine](#)
- [DrJackNewman.com](#)
- [IBreastfeeding.com](#)
- [Indiana Mothers' Milk Bank](#)
- [Indiana State Department of Health:](#)
- [United States Breastfeeding Committee](#)

Childbirth Education

- [Lamaze International](#)
- [International Childbirth Education Association \(ICEA\)](#)
Both sites include educator and other certifications, continuing education opportunities and research updates.
- [Childbirth Connection](#)- Nonprofit group conducts research and promotes safe, effective and satisfying evidence-based maternity care.
- [Coalition to Improve Maternity Services](#)- Organization that promotes a wellness model of maternity care to improve birth outcomes.
- [Mother's Advocate](#)- A collaboration between Lamaze and Injoy Birth and Parenting Education to promote safe and healthy birth practices.

Learner's Stance

<http://www.springerlink.com/content/m18u113707w739q3/>

Medicaid Programs

For general information about Medicaid for providers and your clients, including eligibility criteria, Presumptive Eligibility, and the Notification of Pregnancy Form, visit www.indianamedicaid.com

To locate presumptive eligibility qualified providers in your area, visit

<http://www.indianamedicaid.com/ihcp/ProviderServices/ProviderSearch.aspx>

Motivational Interviewing

<http://www.motivationalinterview.org>

Nutrition

- BMI Calculator Widget at CDC www.cdc.gov/healthyweight/assessing/bmi
- BMI Lookup Table at Center for Nutrition Policy & Promotion (USDA) www.cnpp.usda.gov/publications/nutritioninsights/insight16.pdf
- Pregnancy Weight Gain Grid - USDA-National Agriculture Library www.nal.usda.gov/wicworks/Sharing_Center/NY/prenatalwt_charts.pdf
- [BMI and Gestational Weight Gain – Impact on Pregnancy Outcomes – presentation](#)

Perinatal Mood Disorders/Postpartum Depression

- [Indiana Perinatal Network](#)
- [Screening for Depression During and After Pregnancy](#): ACOG Committee Opinion Number 453, February 2010.
- [MedEdPPD.org](#) a professional education, peer-reviewed web site developed with the support of the National Institute of Mental Health (NIMH) to educate primary care providers treating women who have or are at risk for postpartum depression.
- [Medline Plus: Postpartum Depression](#) This service of the US National Library of Medicine and the National Institutes of Health, offers information for patients and providers on postpartum depression treatment and research.
- [Postpartum Support International](#) PSI is a non-profit organization whose mission is to promote awareness, prevention and treatment of mental health issues related to childbearing in every country worldwide.
- [Perinatal Depression Information Network](#) A collaboration of national, state, and community organizations addressing perinatal depression. Building on a knowledge base of initiatives in all 50 states, PDIN is creating an online community of resource partners to share information, promote innovative and effective practices in the field, and enhance interdisciplinary collaboration.

Perinatal HIV

[One Test Two Lives Campaign](#)

Professional Associations – many of these sites include current clinical information, practice guidelines and professional educational resources.

- American College of Obstetricians and Gynecologists (ACOG)
 - a. [National ACOG](#)
 - b. [Indiana Chapter ACOG](#)
- American Academy of Pediatrics (AAP)
 - a. [National AAP](#)
 - b. [Indiana Chapter of AAP](#)
- [Association of Women’s Health, Obstetric and Neonatal Nurses \(AWHONN\)](#)

- American Academy of Family Physicians (AAFP)
 - a. [National AAFP](#)
 - b. [Indiana Chapter AAFP](#)
- [National Association of Neonatal Nurses \(NANN\)](#)
- [Indiana Hospital Association](#)
- [Indiana Primary Health Care Association \(IPHCA\)](#)
- [American Public Health Association](#)
- [National Perinatal Association](#)
- [Indiana Association for Infant and Toddler Mental Health](#)
- [Society for Maternal-Fetal Medicine](#)
- [American College of Nurse-Midwives \(ACNM\)](#)
- [IU National Center for Excellence in Women's Health](#)

Safe Sleep

- [2005 American Academy of Pediatrics Policy Statement](#)
- [Sample Hospital Safe Sleep Policy](#)
- [First Candle SIDS Alliance](#)
- [National Sudden and Unexpected Infant/Child Death & Pregnancy Loss Resource Center](#)

Bereavement Support

- [NeoFight](#)
- [First Candle](#)

Stages of Changes

<http://www.aafp.org/afp/20000301/1409.html>

http://www.cellinteractive.com/ucla/physician_ed/stages_change.html

<http://www.youtube.com/watch?v=czHdKyfWN10>

Substance Use

[IPN Resources](#)

- [Indiana State Department of Health Fetal Alcohol Syndrome Curriculum](#)
- [Indiana Tobacco Prevention and Cessation](#)
- [Indiana Tobacco Quitline](#) - provides cessation support to smokers and resources for providers.
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#), Office of Applied Studies Find detailed reports and studies on women and substance use and substance use during pregnancy.
- [Mental Health Association in Indiana](#)
- [Fetal Alcohol Syndrome, CDC](#)
- [Alcoholics Anonymous](#)
- [Narcotics Anonymous](#)

Unplanned Pregnancy

- [IPN Resources](#)
- [Teen Pregnancy and Unplanned Pregnancy in Young Adults: Why It All Matters](#), Sarah S. Brown, CEO, National Campaign to Prevent Teen & Unplanned Pregnancies
- [IPN Unplanned Pregnancy Summit](#) presentations, September 2007
- [National Campaign to Prevent Teen & Unplanned Pregnancies](#)
- [Alan Guttmacher Institute](#)
- [Indiana Family Health Council](#)
- [Planned Parenthood](#)
- [Health Care Education and Training, Inc. \(HCET\)](#)- provide quality comprehensive education, training, and program development to enhance reproductive and women's health care.
- www.bedsider.org - A birth control support web portal developed by The National Campaign to Prevent Teen and Unplanned Pregnancies. Bedsider provides information about birth control options, locations of clinics, and a birth control chooser tool.

April 2011