

### Substance Use Disorders & Pregnancy Speaker Highlights



**Barry M. Lester, PhD**—Brown Medical School, Brown Center for the Study of Children at Risk, Providence, Rhode Island  
Barry M. Lester, PhD specializes in the study of developmental processes in at-risk infants, including those with prenatal substance exposure. Lester received his PhD in developmental psychology from Michigan

State University and completed a postdoctoral fellowship in pediatrics at Harvard Medical School. A member of the National Advisory Council on Drug Abuse, he is also past president of the International Association for Infant Mental Health and the author of more than 200 scientific publications and 16 books.

**James J. Nocon, MD, Indiana University of Medicine, Wishard Health Services, Indianapolis**

The founder and director of Wishard Memorial Hospital's Prenatal Substance Abuse Program, James J. Nocon, MD has practiced general obstetrics and gynecology. Utilizing Motivational Enhancement Treatment and a "Stages of Change" approach, he explores the structure of the subjective experience of addiction. A graduate of Jefferson Medical College, Philadelphia, Pennsylvania, Nocon served his residency at Thomas Jefferson University Hospital where he also obtained a board certification in Obstetrics & Gynecology.

### Top Three Reasons to Join IPN

- 1 IPN is a leader in perinatal education and advocacy in Indiana.
- 2 Members help to build collaborative efforts and work together on initiatives that make a difference in the lives of Indiana's babies and mothers.
- 3 Your membership provides you with networking opportunities you can't get anywhere else!

See INSIDE for registration form. Join today to save on this conference!

#### Individual Member Benefits Include:

- ◆ IPN e-bulletin highlighting national and state trends.
- ◆ IPN's quarterly *Perinatal Perspectives* newsletter.
- ◆ Discounted registration at select IPN events.
- ◆ Help to shape the organization by electing Board members and voting on bylaws.

#### Options & Annual Dues:

- ◆ **Contributing Member: \$250/Year**  
(Added benefits of recognition in IPN's *Perinatal Perspectives* newsletter, e-bulletin and on website)
- ◆ **Member: \$55/Year**
- ◆ **Consumer, Student, Community Outreach Worker: \$20/Year**

Corporate memberships are also available.

For more information,  
contact IPN at 317.924.0825, x4221,  
e-mail [ipn@indianaperinatal.org](mailto:ipn@indianaperinatal.org)  
or visit [www.indianaperinatal.org](http://www.indianaperinatal.org).

# Substance Use & Disorders Pregnancy



April 27, 2007  
The Westin Indianapolis



Funded by Title V through the Indiana State Dept. of Health Maternal & Child Health Services



COMIENZO SALUDABLE  
Funded by MCHB, HRSA, DHHS • Project #H49MC00138  
Supported in part by project H49MC00138 from the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (Title V, Social Security Act)

## Why Attend?

Play a role in the *ground-breaking implementation of key educational recommendations outlined in IPN's "Substance Use Disorders & Pregnancy Consensus Statement."* Developed by a committee of experts and reviewed by the Indiana State Perinatal Advisory Board, the statement calls for a better understanding of the special needs of pregnant women suffering from substance use disorders and more vigorous outreach to these women. The Advisory Board consists of representatives from all constituencies concerned with perinatal issues including physicians, nurse midwives, consumers and payors statewide.

Participants will learn about the incidence and significance of substance use disorders during pregnancy and the recommended interventions at the public policy, provider and consumer levels.

- ◆ Examine practical information and best practices in identifying, treating and providing follow-up care to substance-using mothers.
- ◆ Explore the prevalence of addiction and issues related to it with an emphasis on addiction as a chronic relapsing disease.
- ◆ Increase awareness of current practices in the identification, treatment and follow up care of pregnant substance-using women.
- ◆ Identify ways to change current behaviors/processes in working with substance-using mothers.
- ◆ Discover methods to develop consistent statewide verbal screening prenatally and postpartum and testing protocols that identify women and newborns in need of services.

## Who Should Attend?

Medical professionals, treatment center staff, community outreach workers, counselors, social workers, child protection services staff and anyone interested in the issues of screening, intervention and treatment of pregnant substance-using women.

## Conference Planning Committee Members

- JONELL ALLEN, RNC, MSN, CNS—Perinatal Clinical Nurse Specialist, Community Health Network, Indianapolis  
 TINA BABBITT, RN, BSN, IBCLC—Perinatal Education Coordinator, Indiana Perinatal Network (IPN)  
 AMANDA FALL, MBA—Director, Transitions Program, Ft. Wayne Women's Bureau, Ft. Wayne  
 LARRY HUMBERT, MSSW, Pg Dip—Director, Indiana Access, IPN  
 SARAH HUNDAGEN—Program Assistant, IPN  
 LOLA KING, MS, RD, CD—Special Projects Coordinator, Marion Co. Health Dept., Indianapolis  
 SHERRY MATEMACHANI—Special Programs Consultant, IPN  
 TIFFANY NICHOLS—Tobacco Program Coordinator, Minority Health Coalition of Marion County, Indianapolis  
 JAMES NOCON, MD—Associate Professor, IU School of Medicine, Wishard Health Services, Indianapolis  
 MARIA QUIROZ-SOUTHWOOD, MSW—Special Programs Consultant IPN  
 ERIN SLEVIN, MPH, CHES—Director of Cessation Initiatives, Smokefree Indiana, Indianapolis  
 ERNIE YEAGER—Program Services Coordinator, March of Dimes, Indianapolis

## AGENDA

FRIDAY, APRIL 27

- 8AM **Registration**
- 8:30 **Welcome**
- 8:45 **Screening, Treatment & Follow-Up: Observing Practical Lessons from the Field**  
 JAMES J. NOCON, MD, Indiana University of Medicine, Wishard Health Services, Indianapolis
- 10 **Break**
- 10:15 **Substance Exposed Newborns: Time for Policy to Catch Up with Research**  
 BARRY M. LESTER, PhD, Brown Medical School, Brown Center for the Study of Children at Risk, Providence, Rhode Island
- 11:45 **Lunch (On Your Own)**
- 1:15PM **Nicotine Addiction in the Pregnant Population**  
 DEBORAH M. HUDSON, BS, RRT, Program Manager, Clarian Tobacco Control Center, Indianapolis
- 2 **Break**
- 2:15 **Panel Discussion: Exploring Model Programs**  
 PANELISTS:  
 SARAH V. CHILDERS, CHES, Tobacco Treatment Program Coordinator, HealthNet, Inc., Indianapolis  
 PRICILLA ENGLE, LSW, Site Director, Prenatal Substance Use Prevention Program/Pregnancy Plus, Anderson  
 KENDRA O'CONNOR, LCSW, Clinical Supervisor, Transitions Program, Fort Wayne Women's Bureau
- 4 **Alcohol, Tobacco & Drug Use by Pregnant Women in Indiana: A Needs Assessment for Treatment Services**  
 TERRY W. ZOLLINGER, DPH, MSPH, Indiana University of Medicine, Bowen Research Center, Indianapolis
- A Call to Action**
- 4:30PM **Closing**

## Accommodations

Rooms for the conference are available at a special rate of \$139. Take advantage of this special rate by contacting *The Westin Indianapolis*, ph: 317.231.3976 by March 30, 2007. Please reference "IPN Block."

## Meeting Room Accommodations

IPN is committed to a learning environment that is optimal for all attendees. Quiet infants under six months are welcome. However, if your baby becomes restless or vocal, please care for him or her outside the meeting room.

A room for breastfeeding or pumping is provided. If you plan to use this room, require the use of a pump, or need any additional accommodations, please note such on the registration form.

IPN thanks Ameda for making a breast pump available. Please bring your own kit.



## Conference Accreditation

An application has been submitted to the Indiana State Nurses Association for approval of contact hours. ISNA is an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Visit [www.indianaperinatal.org](http://www.indianaperinatal.org) for online registration options

### GETTING THERE

**The Westin Indianapolis**  
 50 South Capitol • Zip: 46204  
 ph: 317.231.3976

### ATTENDEE INFORMATION

Name \_\_\_\_\_ Credentials (i.e. "RN") \_\_\_\_\_

Job Title \_\_\_\_\_

Organization/Business Name \_\_\_\_\_

Address:  Business or  Home \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone:  Business or  Home \_\_\_\_\_ Fax \_\_\_\_\_

E-mail Address (Important: please provide for registration confirmation) \_\_\_\_\_

Omit my name from published attendee lists

Additional accommodations (please describe ANY needs): \_\_\_\_\_

### REGISTRATION OPTIONS & FEES

	Early Bird (by 4/1/07)	Late (after 4/1/07)	
Non-Member	<input type="checkbox"/> \$70	<input type="checkbox"/> \$85	\$ _____
Member	<input type="checkbox"/> \$55	<input type="checkbox"/> \$70	\$ _____
			<b>GRAND TOTAL \$</b> _____

### INDIVIDUAL MEMBER ENROLLMENT & PROFILE

Membership Options & Annual Dues (select one):

Contributing Member: \$250/Year \$ \_\_\_\_\_

Member: \$55/Year \$ \_\_\_\_\_

Consumer, Student, Community Outreach Worker: \$20/Year \$ \_\_\_\_\_

Profession (select as many as apply):

<input type="checkbox"/> Administrator	<input type="checkbox"/> Legislator	<input type="checkbox"/> Nutritionist
<input type="checkbox"/> Advanced Practice Nurse	<input type="checkbox"/> Mental Health:	<input type="checkbox"/> Physician
<input type="checkbox"/> Childcare Provider	<input type="checkbox"/> Certified Counselor	<input type="checkbox"/> Retired
<input type="checkbox"/> Clergy	<input type="checkbox"/> Psychologist	<input type="checkbox"/> Social Worker
<input type="checkbox"/> Consumer	<input type="checkbox"/> Psychiatrist	<input type="checkbox"/> Student
<input type="checkbox"/> Home Visitor:	<input type="checkbox"/> Nurse:	<input type="checkbox"/> Therapist:
<input type="checkbox"/> Community Health Worker	<input type="checkbox"/> RN	<input type="checkbox"/> OT
<input type="checkbox"/> Healthy Families	<input type="checkbox"/> BSN	<input type="checkbox"/> PT
<input type="checkbox"/> Prenatal Care	<input type="checkbox"/> MSN	<input type="checkbox"/> RT
<input type="checkbox"/> Prenatal Care Coordinator	<input type="checkbox"/> Other	<input type="checkbox"/> SLP
<input type="checkbox"/> IBCLC	<input type="checkbox"/> Nurse Midwife	<input type="checkbox"/> Other: _____

Area of Specialty (select as many as apply):

<input type="checkbox"/> Administration/Business	<input type="checkbox"/> Infant Development/	<input type="checkbox"/> Obstetrics
<input type="checkbox"/> Development/Fundraising	<input type="checkbox"/> Early Childhood	<input type="checkbox"/> Pediatrics
<input type="checkbox"/> Family Planning	<input type="checkbox"/> Neonatology	<input type="checkbox"/> Perinatology
<input type="checkbox"/> Genetics	<input type="checkbox"/> Public Health	<input type="checkbox"/> Public Health

Specialty not Listed Here: \_\_\_\_\_

Employed By (select as many as apply):

<input type="checkbox"/> Academic Institution	<input type="checkbox"/> Hospital	<input type="checkbox"/> Public Agency
<input type="checkbox"/> Coalition or Professional Organization	<input type="checkbox"/> Insurance Company	<input type="checkbox"/> Self
<input type="checkbox"/> Community Health Center	<input type="checkbox"/> Media	<input type="checkbox"/> WIC
<input type="checkbox"/> County Health Department	<input type="checkbox"/> Perinatal Center	<input type="checkbox"/> Other: _____
	<input type="checkbox"/> Private Clinic/Agency	

### PAYMENT METHOD (payment or voucher must be received to ensure registration)

Check payable to IPN enclosed  Visa  MasterCard

Copy of check request voucher enclosed

Credit Card No. \_\_\_\_\_ Exp. \_\_\_\_\_

Signature \_\_\_\_\_

Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Cancellation Policy** Please contact IPN. A \$30 processing fee is charged for cancellations made prior to April 1, 2007—unfortunately, no reimbursements can be issued after this date. Allow 30 days for refund processing. No-shows are invoiced. However, attendance substitutions are accepted with notification prior to the first day of the event.

**RETURN WITH YOUR PAYMENT TO IPN.**  
 1991 East 56th St., Indianapolis, IN 46220 P 317.924.0825 F 317.924.0831