



AN INDIANA PERINATAL NETWORK FORUM

Controversies & INNOVATIONS in Perinatal Health

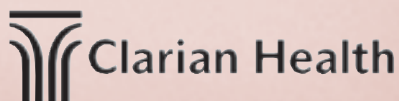
Designed for:

- Physicians;
- Nurses;
- Home Visitors;
- Social Workers;
- Prenatal Care Coordinators;
- Community Health Workers;
- Human Service Agency Personnel; and
- Others who work to improve perinatal health in Indiana.



March 19-20, 2008

Sheraton Indianapolis City Centre Hotel



CONNECTING. CONVENING.
COLLABORATING...
FOR MOTHERS
& BABIES.

fo•rum | noun
A place, meeting, or medium
where ideas and views
on particular issues
can be exchanged.

PROGRAM DESCRIPTION

This inaugural Indiana Perinatal Network Forum will provide an excellent opportunity for neonatologists, pediatricians, obstetricians, family practitioners and other multi-disciplinary professionals to tackle diverse perinatal topics that impact the health of Indiana's mothers and babies.

Indiana must make significant improvements in the quest to reach national goals for women's health. IPN, as a leader in Indiana to improve the health of all mothers and babies, is hosting this event which will feature a special focus on smoking, obesity and maternal and infant mortality from the clinical and community perspectives.

Participants will have the opportunity to learn from one another and share what works best, based upon research and experience, in practice settings across the spectrum of care.

How many of your patients struggle with smoking or obesity?

How many of your clients deal with domestic violence?

Do you know the factors that impact maternal and infant mortality and morbidity in Indiana?

PROGRAM OBJECTIVES

At the conclusion of this program, participants should be able to:

- Review new developments in perinatal care from a clinical and community perspective.
- Describe the current status of Women's Health issues in Indiana.
- Examine novel approaches to addressing obesity, smoking and maternal and infant mortality in Indiana.
- Review the concept of preconception health as an approach to improving pregnancy outcomes.
- Discuss ethical issues surrounding infant feeding decisions, with a focus on breastfeeding.
- Identify innovative programs and projects utilized in various clinical settings throughout Indiana.
- Explore new interventions as they relate to infant and maternal morbidity and mortality.

CONFERENCE FACULTY

- SUSAN BONHOTAL, RN MSN**—Project Coordinator, Southwestern Indiana Regional Perinatal Advisory Board,, Newburgh, Indiana
- LYNN HERT, RN MSN**—Grants Manager, Deaconess Family Medicine Residency, Evansville, Indiana
- JANE HEUSTIS, RN BSN**—Coordinator, Pathway Support Program, Clarian Women's Services, Indianapolis, Indiana
- LARRY HUMBERT, MSSW PGDIP**—Executive Director, Indiana Perinatal Network, Indianapolis, Indiana
- ELEANOR JOHNSON, RN MSN IBCLC RLC**—Northeast Regional Lactation Consultant, WIC, Muncie, Indiana
- MICHAEL J. KOWOLIK, PHD BDS FDS RCS**—Professor and Director of Graduate Research, Associate Dean for Graduate Education, Indiana University School of Dentistry, Indianapolis, Indiana
- SANDRA MAHER, RN FNP**—Coordinator, Luz de mi Vida Program, Clarian Health, Indianapolis, Indiana
- AMY PANGBURN MARTIN, MS**—Health Educator, Indianapolis Healthy Start, Indianapolis, Indiana
- SHERRY MATEMACHANI, BS**—Program Evaluator, Indiana University School of Nursing, Institute for Action Research in Community Health, Indianapolis, Indiana
- DONNA MIRACLE, RNC PHD**—Director for Research and Clinical Operations, Indiana Mothers' Milk Bank, Indianapolis, Indiana
- MERRY-K MOOS, RN FNP MPH**—Research Professor, University of North Carolina, Chapel Hill, North Carolina
- CAITLIN FINNEGAN PRIEST, MPH**—Director of Special Projects and Public Policy, Indiana Perinatal Network, Indianapolis, Indiana
- PAULA PARKER SAWYERS**—Executive Director, Office of Faith-Based and Community Initiatives, Indianapolis, Indiana
- RUTH ANN SHEPHERD, MD FAAP**—Director, Adult and Child Health, Kentucky Department for Public Health, Frankfort, Kentucky
- PAM SMITH**—Owner, Fit 4 Life, Indianapolis, Indiana
- KATHY WALKER**—Program Coordinator, Fountain/Warren County Tobacco Prevention & Cessation Program, Covington, Indiana
- DANA WATTERS, RNC MSN**—Executive Director, Regional Center for Women and Children, Bloomington Hospital, Bloomington, Indiana
- ROBERT WHITE, MD**—Neonatologist, Pediatrix Medical Group, Memorial Hospital of South Bend, South Bend, Indiana
- PAUL D. WINCHESTER, MD**—Director of Neonatology, St. Francis Hospital and Health Center, Beech Grove, Indiana and Professor of Clinical Pediatrics, Indiana University School of Medicine, Indianapolis, Indiana
- DAWN ZIMMER, MD**—Maternal Fetal Medicine Specialist, St. Vincent Maternal Fetal Medicine and Genetics Center, Indianapolis, Indiana

AGENDA

WEDNESDAY, MARCH 19, 2008

- 12:30 PM *Registration*
- 1 PM *Welcome*
LARRY HUMBERT, MSSW, PGDip
- 1:10 PM *Indiana's Failing Grade in Women's Health*
NATIONAL WOMEN'S LAW CENTER, Washington, DC
- 1:30 PM *Preconception Health: Thoughts on What We Know, What We Don't... & Where We Go from Here*
MERRY-K MOOS, RN, FNP, MPH
- 3 PM *Break*
- 3:15 PM *Healthy Babies are Worth the Wait*
RUTH ANN SHEPHERD, MD, FAAP
- 4:15 PM *Ask the Experts*
MERRY-K MOOS, RN, FNP, MPH
RUTH ANN SHEPHERD, MD, FAAP
- 4:30 PM *Breakout Sessions:*
- ▣▣▣ *Neonatal Brain Monitoring*
ROBERT WHITE, MD
 - ▣▣▣ *Realities in the Lives of Breastfeeding WIC Mothers: A Photovoice Project*
ELEANOR S. JOHNSON, RN, MSN, IBCLC, RLC
 - ▣▣▣ *Integrating Non-Traditional Program Components in an Established Model of Care*
SHERRY MATEMACHANI, BS
- 5:30 PM *Adjourn*
- 5:30-7 PM *Reception*
Indianapolis Children's Choir
Indiana Perinatal Network's *Spirit of Service* Awards

THURSDAY, MARCH 20

- 8 AM *Indiana Perinatal Network Member Check-In & Breakfast*
- 8:15 AM *Indiana Perinatal Network Annual Membership Meeting*
- 8:30 AM *Forum Check-In & Breakfast*
- 9 AM *Welcome*
LARRY HUMBERT, MSSW PGDip
- 9:15 AM *Lose It, Build It, Keep It*
PAM SMITH
- 9:45 AM *Exhibits & Posters*
- 10:15 AM *Bariatric Surgery & the Pregnancy Experience*
DAWN ZIMMER, MD

THURSDAY, MARCH 20, 2008 (continued)

- 11:15 AM *Breakout Sessions:*
- ▣▣▣ *Contribution of Homicide & Suicide to Maternal Mortality in Indiana*
CAITLIN FINNEGAN PRIEST, MPH
 - ▣▣▣ *Southwestern Indiana Regional Perinatal Advisory Board: 10 Years & Still Growing Strong*
SUSAN BONHOTAL, RN MSN
 - ▣▣▣ *Providing Interpreters in Maternity Services: A Novel Approach*
SANDRA MAHER, RN, FNP
- 12 PM *Lunch, Exhibits & Posters*
- 1:15 PM *Smoking Cessation Across Indiana*
AMY PANGBURN MARTIN, MS & KATHY WALKER
- 2:15 PM *Breakout Sessions:*
- ▣▣▣ *Family Mapping: Decreasing Rapid, Repeat Pregnancy*
LYNN HERT, RN, MSN
 - ▣▣▣ *Periodontal Disease & Pregnancy Outcomes*
MICHAEL J. KOWOLIK, PhD, BDS, FDS, RCS
 - ▣▣▣ *Environmental Impact & the Outcome of Pregnancy*
PAUL D. WINCHESTER, MD
- 3 PM *Exhibits & Posters*
- 3:15 PM *Breakout Sessions:*
- ▣▣▣ *When a Baby is Born Still: Finding Answers to the 'Why' Question for Families*
JANE HEUSTIS, RN, BSN
 - ▣▣▣ *Breastfeeding Ethics*
DONNA MIRACLE, RNC, PhD
 - ▣▣▣ *Jump on the Quality Bandwagon—Participation in the Institute for Healthcare Quality, Perinatal Bundle Project*
DANA WATTERS, RNC, MSN
- 4 PM *Where Do We Go From Here?*
PAULA PARKER SAWYERS
- 4:15 PM *Wrap Up & Evaluations*





CONFERENCE ACCREDITATION

ACCREDITATION STATEMENT

Ψ This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Indiana University School of Medicine and Indiana Perinatal Network. Indiana University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION STATEMENT

Physician Credit

Indiana University School of Medicine designates this educational activity for a maximum of 9.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURE STATEMENT

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by Indiana University School of Medicine (IUSM) must demonstrate balance, independence, objectivity, and scientific rigor. All faculty, authors, editors, and planning committee members participating in an IUSM-sponsored activity are required to disclose any relevant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services that are discussed in an educational activity.

Note: While it offers CME credits, this activity is not intended to provide extensive training or certification in the field.

Nursing Credit

An application was submitted to the Indiana State Nurses Association (ISNA) for approval of contact hours. ISNA is an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Social Worker Credit

The Indiana Perinatal Network is an approved provider for Category 1 Continuing Education for LSW/LCSW/LMFT/LMHC by the Indiana Professional Licensing Agency.

ACCOMMODATIONS

Rooms are reserved at the Sheraton Indianapolis City Centre Hotel at a special rate of \$139/night. **Reservations can be made by calling 317.635.2000 or 1.800.325.3535. Rooms will be held until February 24, 2008—please be sure to make your reservations before this cut-off date.**

SPECIAL CONFERENCE PRICE!

Take advantage of a \$99 per person special price that includes your Forum registration and a membership in the Indiana Perinatal Network!

If you want to decline the membership, the Forum registration fee remains **\$99 per person**.

If you're already an IPN member, the Forum registration fee is **\$50 per person**.

Physicians and nurse practitioners: Add **\$60** for CME credit.

GETTING THERE



Sheraton Indianapolis City Centre Hotel
31 West Ohio Street • Indianapolis, Indiana 46204
ph: 317.635.2000

AGENDA HIGHLIGHTS

ABOUT THE SPEAKERS

MERRY-K MOOS, RN, FNP, MPH is a research professor in the obstetrics and gynecology department of the Schools of Public Health & Nursing at the University of North Carolina, Chapel Hill. A perinatal outreach educator and coordinator for hospitals, she founded the North Carolina Women's Health Training Collaborative which prepares the state's public health nurses to assume enhanced perinatal nursing care of women. An advanced practice nurse (FNP) for more than 25 years, she directs the University of North Carolina Hospital's Teenage Pregnancy & Prevention Clinic and oversees the coordination of obstetrical services between 17 public clinics and the OB-Gyn department.

RUTH ANN SHEPHERD, MD, FAAP will explore Healthy Babies are Worth the WaitSM —a three-year collaboration with the Kentucky Department for Public Health and local hospitals aimed at reducing preterm births by 15 percent.

Formally launched last year, the intervention seeks to reduce preventable preterm births in targeted areas of Kentucky and is supported by the March of Dimes and Johnson & Johnson Pediatric Institute.

Shepherd will explain how six Kentucky hospitals representing diverse geographic regions are divided into "intervention" and "comparison" sites with the intervention sites employing diverse combined interventions that link elements of clinical care, public health, and public education.

"Preventing preterm birth can lessen the long term toll such births take on our communities," says Shepherd. "We hope that Kentucky's experience will one day help other states protect their most vulnerable populations so that together we can permanently reverse this trend."

RECEPTION HIGHLIGHTS

Following the March 19 opening day of the 2008 Forum, join us for a reception featuring the Indianapolis Children's Choir. IPN's *Spirit of Service* awards will then be presented. Don't miss this opportunity to honor your colleagues in perinatal health.

BREAKOUT SESSION TOPICS

The 2008 Forum spans diverse topics that impact maternal and child health in Indiana. Topics that will be addressed in breakout sessions include:

- BIRTH SPACING
- BREASTFEEDING Mothers on WIC
- BREASTFEEDING Ethics
- Community-Based DOULAS
- ENVIRONMENTAL EFFECTS on Pregnancy
- Unexpected FETAL LOSS
- HEALTH CARE QUALITY
- Use of INTERPRETERS in Maternity Care
- MATERNAL MORTALITY
- NEONATAL BRAIN Monitoring
- PERIODONTAL DISEASE & Pregnancy

POSTER PRESENTATIONS

Poster presentations to be displayed at the 2008 Annual Forum include:

- ALTERNATIVE PAIN MANAGEMENT/ Hypnobirthing
- Effects of BREASTFEEDING Education Chicago Health Connection DOULA Program
- FETAL INFANT MORTALITY REVIEW
- ISDH GENOMICS Project
- LACTATION Station
- Dealing with LOSS
- PREGNANCY & OBESITY
- PREMATURE TRIPLETS
- Partnering Between REGIONAL & REFERRAL Hospitals
- SAFE SLEEP Policy
- Developing a SAFETY Station
- VITAL RECORD Data



1991 East 56th Street
Indianapolis, IN 46220

Nonprofit Organization
U.S. POSTAGE PAID
Indianapolis IN
PERMIT NO. 763

Return Service Requested

Register now for *Controversies & Innovations in Perinatal Health: An Indiana Perinatal Network Forum* (details inside)!

Introducing the Inaugural
Indiana Perinatal Network Forum

& Controversies & INNOVATIONS in Perinatal Health

March 19-20, 2008
Sheraton Indianapolis
City Centre Hotel

The 2008 Forum will address diverse topics that impact the health of infants, mothers and families from both clinical and community perspectives. It will provide an excellent opportunity for practitioners and multidisciplinary professionals to learn from each other and share what works best in practice settings across the spectrum of health care.

**DETAILS
INSIDE!**

The Indiana Perinatal Network is a dynamic organization staffed with exemplary professionals who advocate for women and children. My assessment is that all perinatal registered nurses and physicians should be a part of IPN.

—DANA WATTERS, MSN, RNC, CCE, Executive Director,
Regional Center for Women & Children, Bloomington Hospital

Mark Your Calendar!

IMPORTANT 2008 CONFERENCES & EVENTS

- April 24** *Cast Your Vote for a Normal Birth: 18th Annual Perinatal Educators Conference*, Ritz Charles, Carmel
- May 8** *Breastfeeding Coalition Summit*, The Garrison Conference Center, Indianapolis
- Sept. 21-23** *The Power of Connection: Building Community through Group Care*, Centering Health Care Institute, Sheraton City Centre Hotel, Indianapolis
- Sept. 28-29** *Indiana Newborn Developmental Care Conference*, Ft. Wayne Marriott
- Oct., TBD** *Safe Sleep Conference*

For more information, visit IPN's website at www.indianaperinatal.org